

University of West Florida | Graduate School

Student Spotlight: Stephen Jones

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Stephen Jones, Health Promotion

I was born and raised in Pensacola and was going to come to UWF in 2008, but instead I joined the military. And then when I got out of the Navy, I came back home and decided to still go to UWF. The way I got into my program, my undergrad program was actually pre-BSN, but then decided that I didn't want to go the nursing route. But I still wanted to be in the health field, so Health Education and Promotion is where I decided I wanted to go

I actually wasn't going to grad school. At the end, I pretty much knew that the end of my undergrad and as I was getting close, my professors...instructors started to encourage me to go to grad school. And with their help and the express admit, it just really all fell in place for me. And decided to still go Health Promotion cause I absolutely love that major, and I really enjoy helping educate people to be their better self.

The express admit program was actually brought up during a class time when the Graduate School came in to talk to one of my undergrad classes. And my professors decided... I had the GPA for it and my professors motivated me to go to graduate school, so literally signed a piece of paper and gave it to my department chair. And they rounded it up, and the next thing I knew I was in grad school. It was really, really easy.

I got into the Health Promotion and Worksite Wellness graduate program because once I said earlier, I really enjoy teaching people how to be a better self and it involves so many things not just physical health but emotional health.

I don't know exactly what I want to do with my graduate degree, but I know that in the future it will help me reach more people and give me a job where I can get out and essentially educate more people on how to be a healthier self.